



**DEPARTMENT OF LIBERAL
ARTS AND SOCIAL
SCIENCES**

ADMISSIONS OPEN

2026 - 2027

Bachelor of Physical Education and Sports (Hons)

ABOUT THE PROGRAMME

"The Bachelor of Physical Education and Sports (BPES) program provides students with foundational knowledge and practical skills in physical education, sports science, and fitness training. It prepares graduates for careers in teaching, coaching, fitness, and allied sports industries."

SPORTS ACTIVITIES



KEY HIGHLIGHTS OF THE PROGRAM

- Learning Outcome-based Curriculum Framework
- Skill and ability enhancement courses
- Personality development by Value added courses
- Modern classrooms with technology-enhanced instruction.
- Holistic and pedagogical teaching-learning process.
- Extracurricular and Co-curricular pursuits

PROFESSIONAL AVENUES

Graduates of BPES can pursue careers in physical education, sports coaching, fitness training, sports management, and wellness industries.

DISTINGUISHED ALUMNI



Ms. Usha Singh
M. Sc.
Ruhr University
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Mr. Abhishek Rajput
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Mr. Aryan Gandhi
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